



## **Confined Space Entry & Rescue Refresher**

**Duration:** 1 Day

Overview: The aim of this course is to certify a person to enter, work in and exit from

confined space areas.

**Target Group:** 

This course is suitable for experienced personnel who need to refresh their skills

in confined space.

**Course Benefits:** 

Delegates will be equipped with knowledge of current legislation for

working in confined spaces

• Reduced risk of serious injuries and death

**Content:** 

- Legal Requirements
- New Definition of Confined Space Areas
- Full Range of Confined Space Safety Equipment
- Use of Breathing Apparatus
- Manning Levels
- Communication
- Hygiene
- Emergency Procedures

## **Safety Equipment**

All delegates should have available & bring with them the following safety equipment.

- \* Safety shoes / boots
- \* Overalls
- \* Gloves
- \* Hardhat

Delegates who successfully complete this course will receive an in-house certificate, valid for 3 years.