



First Aid at Work

Duration: 3 Days

Overview: This is a 3 day course, approved by the Health & Safety Executive NI and is suitable training for persons in low to medium and high risk workplace environments.

This course is available to you at our training centre on a monthly programme or we can deliver it on your premises.

Who should attend:

Where an employer has carried out a risk assessment and identified a need for a fully qualified first aider, a person should be nominated for training in accordance with HSE guidance and legal obligations.

Potential first aiders should possess an aptitude to absorb new knowledge and skills, be able to cope with stressful and physically demanding emergency procedures and have duties that do not prevent them going immediately to an emergency.

Content:

- Aims and principles of first aid
- Prevention of cross-infection during first aid procedures
- Basic life support
- Management of the unconscious casualty
- Assessment and treatment of a casualty who is wounded, bleeding or shocked
- How to deal with burns, poisoning and eye injuries
- Assessment and treatment of common major and minor illnesses
- Emergency transport of casualties
- Legal aspect of first aid at work – record keeping and use of equipment

Content: HSENI Approved, Nationally Recognised First Aid at Work Certificate. This is valid for 3 years

For further information please contact us on:

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