



Emergency First Aid at Work

Duration: 1 Day

Overview: This is a 6 hour course, as recommended by the Health & Safety Executive in the ACOP L74 as the minimum level of training for persons in low to high risk workplace environments

Who Should Attend

Where an employer has made a risk assessment of first aid need and identifies that a first aider is not necessary, but the minimum requirement is to appoint a person to take charge of the first aid arrangements, including looking after the equipment and facilities, and calling the emergency services when required.

Content:

- What is First Aid?
- Emergency First Aid in the Workplace
- Responsibilities of the Appointed Person
- Action in an Emergency
- Primary Assessment
- Secondary Assessment
- Breathing and Circulation
- Principles of Resuscitation
- Disorders of Respiration
- Disorders of the Circulation
- Wounds and Bleeding
- Other Conditions

Award: On successful completion of the course and continual assessment, the delegate will receive nationally recognised First Aid Certificate. This is valid for three years

For further information please contact us on:

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